

St. Joseph's Hospice Supportive Care Calendar – August 2019

REGISTRATION IS REQUIRED

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|---|---|-----------|---|---|----------|
| | | | | 1 | 2 | 3 |
| 4 | 5 Civic Holiday- Hospice Closed | 6 Step by Step 10:30-11:30 Reiki 4:30 | 7 | 8 Reflexology 10:00 | 9 | 10 |
| 11 | 12 Drop In Meditation 10:30-11:45 H.E.A.L. 6:00-8:00 PM | 13 Step by Step 10:30-11:30 Understanding Your Grief 6:00-7:30 | 14 | 15 Learning to Thrive 12:30-1:30 Cooking for One 6:30-8:30 PM | 16 | 17 |
| 18 | 19 Drop In Meditation 10:30-11:45 H.E.A.L. 6:00-8:00 PM | 20 Step by Step 10:30-11:30 Reiki 4:30 | 21 | 22 Reflexology 10:00 | 23 Massage Therapy 1:00, 2:30, 4:00 | 24 |
| 25 | 26 Drop In Meditation 10:30-11:45 | 27 Step by Step 10:30-11:30 | 28 | 29 Massage Therapy 12:00, 1:30, 3:00 | 30 | 31 |

To book an appointment, register for a program or receive more information, contact:

Amanda.laframboise@sjhospicelondon.com or (519) 931 3474

Programs printed in BLACK are offered to ALL clients

Programs printed in RED are offered to BEREAVED clients only

Programs printed in GREEN are offered to CAREGIVER and BEREAVED clients only

